

Carolina Skin Surgery Center Monthly Newsletter

September

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Edition 7

Who Misses the Elizabethan Era?

By: April LeClear

In August of this year, ABC News reported that skin cancer is on the rise. According to the American Cancer Society, skin cancer is annually diagnosed more than breast, lung, prostate, and colon cancer combined. The US Surgeon General calls it a major public health problem that requires immediate action. The surgeon general is saying to the public, for the first time, that UV radiation is bad for us and we need to protect our skin. It is that simple.

It makes me wonder, what happened to the Elizabethan Era? This was a time when people with tans and sun damaged skin were considered to be poor as a result of hours of hard labor outside. A pale complexion was considered to be healthy and if you had a pale complexion you were most likely wealthy. Do not get me wrong, progression is a wonderful thing and we are definitely fortunate to live in a much better time, but perhaps progression was "bad" in this one instance.

You know how you look at kids today and think, "Wow, I wore clothes like that in the 80's or 90's?" Fashion usually circles back around after a decade or two. So maybe we can circle around the fashion accessory of having healthy skin. We would only be over 500 years late, but hey, better late than never, right?

So wear sunscreen. Wear a cute, wide-brimmed hat. Sit at the beach under a cute, colorful umbrella. Lounge in a comfy chair and sip a cold, fruity beverage. Pretend you are a wealthy, Victorian...(what did people do back then, anyway?), but most importantly protect your skin and enjoy the benefits of happy, healthy skin.

OUR MISSION

Carolina Skin Surgery Center is comprised of a skilled team of compassionate individuals that are dedicated to caring for our patients like we wish to be cared for ourselves. We take pride in providing high quality, individualized care to meet the specific needs of each patient. Our team is committed to educating ourselves and continuously improving our processes so we can better educate and serve our patients.

Employee Spotlight

The employee spotlight for the month of September is Cynthia! Cynthia is a Certified Surgical Technician that has been a part of the team since 2009.

Let's get to know Cynthia:

Favorite color: Green

Favorite food: Mexican

Hobby: Reading

When you were little, what did you want to be when you grew up? Teacher

Thank you for all your hard work Cynthia!

Announcements for September:

1. September 1st is Labor Day! The office will be closed that day.
2. September 3rd: Lisa Matuga, PA-C's joined our team one year ago today!
3. September 17th: Tara Haltom, CMA joined our team 7 years ago today!
4. September 28th: Cynthia Clevinger, CST joined our team 5 years ago today!

We take PRIDE in what we do:

Positivity

Respect

Individualized care

Dedication

Enthusiasm

Created by: Tara Haltom
and Chiffon Mosely

CAROLINA SKIN SURGERY CENTER

"Specializing in the treatment of skin cancer"

About Dr. Carruth:

Dr. Marc R. Carruth is the Director of Carolina Skin Surgery Center. Dr. Carruth received his M.D. degree from Duke University where he graduated with highest honors in 1993 and was inducted into the Alpha Omega Alpha Medical Honor Society. He was awarded a Howard Hughes Medical Institute fellowship at the National Institutes of Health.

Dr. Carruth completed his internship in Internal Medicine at Harvard, Brigham and Women's Hospital in Boston, Massachusetts and a Dermatology residency at Emory University in Atlanta, Georgia where he was chief resident. Dr. Carruth completed his Mohs Micrographic and Dermatologic Surgery fellowship at Baptist Hospital in Kansas City, MO.

Dr. Carruth is known for his personable bedside manner and has been providing excellent care to patients in the Charlotte region since 1997. He has performed thousands of Mohs micrographic procedures during his tenure.

About Lisa Matuga, PA-C:

Lisa has been a Physician Assistant for over 5 years and has been providing excellent dermatologic care in the Charlotte area for over two years.

Lisa received her Master of Science in Medicine and graduated from the Physician Assistant Program at Western Michigan University in 2008. She has a passion for helping patients with their dermatological needs and we are very excited to have her as a part of our team.

Meet the Staff:

Receptionist: Sandy - She always has a smile on her face and is willing to help with anything. Sandy has been with Dr. Carruth since April of 2010.

Billing: Cathy – Understanding health insurance can be overwhelming, but Cathy is always willing to call and verify benefits and then explain them to you as simply as possible. Cathy has been with Dr. Carruth since December of 2008.

Surgery Coordinator/Medical Assistant: Ashley – She assists Dr. Carruth and Lisa Matuga, PA-C with procedures and also handles the surgery scheduling. If you have had Mohs surgery then you have probably spoken with her! Ashley has been with Dr. Carruth since May of 2011.

Lab Technician/Certified Medical Assistant: Tara – She is the one who processes the tissue for Dr. Carruth to review under the microscope (Mohs surgery). She also assists Dr. Carruth and Lisa with procedures. She has been with Dr. Carruth since September of 2007.

Registered Medical Assistant/Lab Technician: Jackie – She assists Dr. Carruth and Lisa with procedures and also helps process the tissue in the lab. Jackie has been with Dr. Carruth since October of 2008.

Certified Surgical Technician: Cynthia – She assists Dr. Carruth and Lisa with procedures and has been with Dr. Carruth since September of 2009.

Medical Assistant/Front Office Assistant: Chiffon – our newest member! Chiffon started with us on 3-17-14. Chiffon is assisting Lisa Matuga, PA-C with patients and helping out the front office. We are happy to have her on our team.

Office Manager: April has been with Dr. Carruth since August of 2006. Please let her know if you have any suggestions or comments – we encourage feedback and are always willing to learn.

CAROLINA SKIN SURGERY CENTER

2615 E. 7TH ST.

CHARLOTTE, NC 28204

Phone: 704-295-0000

Fax: 704-295-0005

www.carolinaskinsurgery.com