

# Carolina Skin Surgery Center Monthly Newsletter

March

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Edition 13

*Happy Anniversary to the Carolina Skin Surgery Newsletter!!!!*

By: Tara Haltom, Medical Assistant

Wow! My how the time has flown by this year!! We started the Newsletter a year ago to connect with our patients and provide them with knowledge about what we do and what we stand for at Carolina Skin Surgery Center. The newsletter was created and is edited by our Office Manager, April LeClear. All the staff love to participate by writing these articles. The articles help give you an insight into what it is that we do and show how our team is here for YOU. Here's a quick recap of our year in newsletters:

March 2014: April talked about what to expect if you are having Mohs surgery and offered some helpful hints on recognizing skin cancers.

April 2014: Ashley wrote an informative article about the reasons and importance of taking a picture of your biopsy site prior to your surgery.

May 2014: May is National Skin Cancer Awareness Month. Jackie wrote a great article telling us about Melanoma and gave us some tips on how to recognize Melanoma.

June 2014: Tara gave us an article about quality and shared with everyone one of the programs that we participated in to help our office remain dedicated to quality in healthcare.

July 2014: Cynthia wrote an excellent article on the different types of skin cancers and answered some frequently asked questions about these cancers.

August 2014: Cathy wrote a very helpful article about insurance. She helped to explain the different types of insurances. She also gave us some helpful hints to familiarizing ourselves with our individual insurance plans.

September 2014: April wrote an article that shared skin fashions from the Victorian age and Spotlighted the recent concern about the rise in skin cancer in our national news.

October 2014: Ashley and the CSSC team wrote an article about our NEW electronic medical record and showed us how beneficial our new patient portal is to everyone.

November 2014: Tara and April co-wrote an article about the lab to give patients some insight to the process of processing your tissue!

December 2014: April, in this article, outlined for our patients how to really be prepared for a Mohs surgery appointment with us.

January 2015: Lisa Matuga, PA-C wrote an article explaining to us what a Physician's Assistant is and what their roles and responsibilities are in health care.

February 2015: Dr. Carruth wrote an article going in depth about scars. He gave us some great information about what to expect, how to treat and protect your scars.

Well, needless to say, that was an AMAZING year of information. Our Staff is looking forward to the next year of communicating with and educating our patients through our newsletter! You can find all of these articles on our website: <http://carolinaskinsurgery.com/category/newsletters/>.

## *Getting Ready For Spring!!*

By: Tara Haltom, Medical Assistant

Here's a couple of reminders and tips for getting ready for the springtime sun!

- Check your Expiration dates on your sunscreens / sun blocks from last year
- Use a broad spectrum sunscreen with Sun Protection Factor (SPF) 30 or higher for protection from ultraviolet A (UVA) and ultraviolet B (UVB) radiation.
- Apply sunblock 15 minutes before going outdoors and reapply every two hours.
- Find some protective clothing.
- SEEK SHADE - When sun's rays are the strongest between 10 a.m. and 4 p.m.
- Use Extra Caution Near Water, Snow, and Sand. These surfaces reflect the damaging rays of the sun, which can increase your chance of sunburn.

## *Employee Spotlight for February is Jackie!*

Jackie is a Registered Medical Assistant. She has worked with Dr. Carruth since October 2008.

Her teammates voted for her because:

"She is a hard worker and a team player."

"She goes with the flow."

"She makes patients and her team laugh."

# CAROLINA SKIN SURGERY CENTER

*"Specializing in the treatment of skin cancer"*

## About Dr. Carruth:

Dr. Marc R. Carruth is the Director of Carolina Skin Surgery Center. Dr. Carruth received his M.D. degree from Duke University where he graduated with highest honors in 1993 and was inducted into the Alpha Omega Alpha Medical Honor Society. He was awarded a Howard Hughes Medical Institute fellowship at the National Institutes of Health.

Dr. Carruth completed his internship in Internal Medicine at Harvard, Brigham and Women's Hospital in Boston, Massachusetts and a Dermatology residency at Emory University in Atlanta, Georgia where he was chief resident. Dr. Carruth completed his Mohs Micrographic and Dermatologic Surgery fellowship at Baptist Hospital in Kansas City, MO.

Dr. Carruth is known for his personable bedside manner and has been providing excellent care to patients in the Charlotte region since 1997. He has performed thousands of Mohs micrographic procedures during his tenure.

## About Lisa Matuga, PA-C:

Lisa has been a Physician Assistant for over 6 years and has been providing excellent dermatologic care in the Charlotte area for over three years.

Lisa received her Master of Science in Medicine and graduated from the Physician Assistant Program at Western Michigan University in 2008. She has a passion for helping patients with their dermatological needs and we are very excited to have her as a part of our team.

## Meet the Staff:

Receptionist: Sandy - She always has a smile on her face and is willing to help with anything. Sandy has been with Dr. Carruth since April of 2010.

Billing: Cathy – Understanding health insurance can be overwhelming, but Cathy is always willing to call and verify benefits and then explain them to you as simply as possible. Cathy has been with Dr. Carruth since December of 2008.

Surgery Coordinator / Certified Medical Assistant: Ashley – She assists Dr. Carruth and Lisa Matuga, PA-C with procedures and also handles the surgery scheduling. If you have had Mohs surgery then you have probably spoken with her! Ashley has been with Dr. Carruth since May of 2011.

Lab Technician / Medical Assistant: Tara – She is the one who processes the tissue for Dr. Carruth to review under the microscope (Mohs surgery). She also assists Dr. Carruth and Lisa with procedures. She has been with Dr. Carruth since September of 2007.

Registered Medical Assistant/Lab Technician: Jackie – She assists Dr. Carruth and Lisa with procedures and also helps process the tissue in the lab. Jackie has been with Dr. Carruth since October of 2008.

Certified Surgical Technician: Cynthia – She assists Dr. Carruth and Lisa with procedures and has been with Dr. Carruth since September of 2009.

Medical Assistant / Surgery Coordinator: Chiffon – our newest member! Chiffon started with us in March of 2014. Chiffon is assisting Lisa Matuga, PA-C with patients and handles surgery scheduling. We are happy to have her on our team.

Office Manager: April has been with Dr. Carruth since August of 2006. Please let her know if you have any suggestions or comments – we encourage feedback and are always willing to learn.

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