

WOUND CARE FOR BIOPSIES

1. Start wound care one day after the procedure.
2. Clean wound twice a day with soap and water. You may use a liquid hand soap like dial, or soft soap. We recommend putting a squirt of the liquid soap in a clean cup (Dixie cup, styrofoam cup, or clean plastic cup) of warm water and mixing it up. Use a Q-tip soaked in this soapy solution to clean any blood, crust, or debris from the wound.
3. Apply Vaseline to a band-aid and then place this over the wound. You may use Polysporin, Neosporin, or Bacitracin if you know you are not allergic to them.
4. You should continue the wound care until the wounds have healed. This may take 10 to 14 days in most places, however, wounds on the legs may take a month or more to completely heal.
5. It is normal to have a red rim around the wound and a yellow center at first. This is what would form the scab if we let it dry out. We do not want it to form a scab. Clinical studies have shown it is better to leave wounds covered in a moist wound healing environment.
6. If the red rim is getting progressively larger and is beyond 1/8 to 1/4 of an inch or you feel you may be developing an infection, please call the office.
7. The office number is 704-295-0000